A supplemental curriculum that inspires students to live with purpose, moral integrity, and respect for human life.

Flexible and easy-to-use resources that teach core principles of logic, ethics, and justice.

First-class materials that are unmatched in visual appeal, contemporary media, and depth of content.
Our unique Principles & Choices® program helps your students wade through the muddle of moral relativism and builds a rational foundation for solid moral principles.

The program is optimized when taught as a supplemental unit in a core curriculum class such as theology, philosophy, ethics, social studies, or health.

We know that every classroom is different and every teacher is unique. Our curriculum experts can help you design a plan that integrates P&C within your available time, budget, and needs. We have a variety of learning tools to reach different learning styles, an optional eBook platform, free webinars and live teacher trainings, and a generous scholarship program for schools with financial need.

Let our Principles & Choices® curriculum experts help you design a course that’s right for you! 855.664.6598

“This program not only changed the way my students reasoned through ethical dilemmas... it changed the way they lived their lives.”

—Fr. Sean Raftis, Townsend, Montana
Principles & Choices® Student Materials

An eye-opening, philosophically-based, respect life curriculum for high school students

Principles & Choices® is a unique program that helps students master the principles of logic, ethics, and justice that inspire them to live with purpose, moral integrity, and care for human life.

Principles & Choices Features

» Three expertly-written textbooks full of thought-provoking material, relevant activities, and clear section summaries, laid out in a student-friendly format.

» A flexible structure that allows teachers to use the content they like, and customize it to best fit their schedule and classes.

» Supplemental materials to enhance lessons, including the play Robert and Emma, the card set Life in a Flash, and online resources.

BOOK 1: Identity and Values (112 pages) teaches the four levels of happiness and how they relate to definitions of success, quality of life, and love. Students learn six key principles that are essential for personal growth and which build a foundation for respecting human life, especially the most vulnerable. Ideal for 9th grade students.

BOOK 2: Truth and Reason (56 pages) gives students a philosophical appreciation of the existence and importance of objective truth, and lays out three principles of reason that empower them to distinguish truth from error. The principles are applied to help establish the full personhood of the unborn child. Ideal for 10th grade students.

BOOK 3: Ethics and Justice (78 pages) explains six fundamental principles of ethics and justice which are necessary for civilization to exist, and offers practical advice for forming the virtuous habits necessary for true freedom. The principles are then applied to give systematic and logical arguments against abortion and euthanasia. Ideal for 11th or 12th grade students.

A Table of Contents for each book, as well as a selection of sample pages, can be previewed at www.PrinciplesandChoices.com.

“I realized that all humans, even unborn, should be given the opportunity to experience life.”
—Student, Sammamish, Washington

“...inspired me to live a life closer to God.”
—Student, Lincoln, Nebraska

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eBooks available on iTunes and Textbooks.com

Camille Pauley is the creator and principal author of the Principles & Choices® curriculum. She is also the author of the Robert and Emma series—a play in four acts. Pauley is president and co-founder of Healing the Culture, an educational institute promoting greater respect for human life. She has spoken to hundreds of audiences, and is a frequent guest on television and radio programs.

Robert J. Spitzer, S.J., Ph.D.
Fr. Robert J. Spitzer is co-founder of Healing the Culture and Chairman of the Board. He is the author of the philosophical work from which the organization takes its name and its mission. He has published two books on life issues and has been a world-recognized defender of the sanctity of life for over 30 years. He is the former President of Gonzaga University.
Principles & Choices® Teacher Materials

A detailed guide for teaching the Principles & Choices curriculum and leading thought-provoking discussion.

The Principles & Choices Teacher’s Resource Features

» Detailed daily learning plans.
» Exercises and activities.
» Scripture, Catechism, and Framework cross-references.
» Insets of the corresponding student textbook with teacher notations in the margins.
» A unique code system for free online resources.
» Essential/guiding questions, learning targets, assessment evidence tools, and downloadable assignments and handouts for each chapter.
» A CD containing beautifully designed PowerPoint presentations and lecture notes for each chapter of the selected book.
» A CD of the Robert and Emma audio-drama act corresponding to the selected book level.
» In easy-to-use spiral binding.

“Robert and Emma is available

An entertaining and dramatic respect-life play for teens

This four-act play chronicles best friends, Robert and Emma, as they grapple with difficult subjects in their lives, including disabilities, abortion, euthanasia, hope, and forgiveness. Each act lays out principles of logic, ethics, or justice, that help build a strong foundation for respecting human life.

Robert and Emma is available

» As an audio drama. This four-CD resource is professionally produced and features a cast of 14 voice actors.
» As a printed script in book format.
» As a part of your Principles & Choices textbook purchase. Each book of Principles & Choices comes with the corresponding act from the play.

Ways to incorporate Robert and Emma in class

» Listen to the professionally recorded audio drama. Present one 30-minute act each week using the free online tools to foster and guide discussion afterward.
» Read through the play as a class or in conjunction with the audio drama.
» Stage a production of Robert and Emma for your school.

“Two big thumbs up. This play was exquisitely produced, handled tough issues with respect and intelligence, and captured my students’ hearts.”

—Youth Group Leader
Houston, Texas
Additional Learning Tools

Four Levels of Happiness DVD
30-minute educational video teaching a core element of the curriculum—“The Four Levels of Happiness.” Includes contemporary narration, lively vignettes, answers to common questions, and actual classroom teaching. Fun and energetic overview of essential material from Book 1.

LIFE in a FLASH! Game Set
Fun and attractive game to reinforce learning. Ten large flashcards each present a different principle of happiness, logic, ethics, or justice, and applies it to real-world scenarios. Includes instructions for use in a classroom setting. Purchase a set for your class and a set for each student for lifelong learning.

Learn answers to questions like...
» Do the ends justify the means?
» Where do human rights come from?
» Can a terminally ill person with only weeks to live have a high quality of life?
» Can science prove the fetus is a person?
» How can we tell the difference between truth and opinion?
» Are some human beings worth less than others?
» Is physician-assisted suicide just a personal choice?
» Is abortion justifiable if a child will be born with a disability?
» Can a fetus be a person if you want it to be, and not a person if you don’t?

“Exploration of topics that help set social media integration...”

Interactive Web and Social Media Resources

Fully integrated, attractive student website, secure teacher site, and social media tools.

The Principles & Choices® website offers teachers, students, and parents a content-rich tool that not only integrates the best in online features and usability, but also provides pioneering new concepts and functions.

Visitors to www.PrinciplesandChoices.com can:
» Browse samples from the student textbooks, play, audio dramas, and PowerPoint lectures.
» Explore the social media integration that helps set Principles & Choices® apart from other curricula.
» Use an innovative “Quick Code” system to study curriculum topics in greater depth.
» Upload classroom assignments to share with students around the world.

The website includes a student section that enables interaction and active participation. The teacher section provides secure-login access, and is home to reference materials, assignments, handouts, lecture tips, lesson plans, exams, and answer keys. The entire site features intuitive navigation, which makes for an enjoyable and highly productive learning environment.

“I wish I had learned what my students are learning when I was their age.”
—M. Teresa Christe, Santa Rosa, California

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Finally, an intelligent, logic-based program that is flexible and easy to use!

Stimulating activities and exercises that engage contemporary tools and skills

Helpful correlations to Scripture, Catechism, and Framework

Complete minute-by-minute learning plans, pacing guides, and assessment tools

Creative support materials and thorough explanation of concepts for lecturing and discussion

“This method made all the difference in the world to the way my students thought about respecting life. We weren't debating simply rightness or wrongness anymore; we were discussing how the universal principles they learned change the very questions and understanding of these complex moral issues. For many of our students, it was the first time they felt energized and inspired by respect life education. You would be amazed to see our students, months after taking the class, applying the principles to material and situations in other classes—and they do it with confidence, intelligence, and conviction. It's about time something like this exists for our schools!"

— Lynn Kittridge, Theology Teacher
Eastside Catholic High School
Sammamish, Washington

Contact us today!

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www.PrinciplesandChoices.com